RISK REDUCTION SELF-ASSESSMENT: FOLLOW-UP SESSION FOR POSITIVE HIV RESULT (OPTIONAL)

| Disk Doduction Specialist | | Observer: | | | | |
|---|---|------------------|---------------|----------------|---------------|---------|
| Risk Reduction Specialist: | | | | | | |
| Session Date: | | Site/Location: | | | | |
| Start Time: | End Time: | Total Time: | | | | |
| Did this Risk Reduction Specialist (RRS) | also do the initial cou | ınseling for thi | s client? _ | Yes | No | |
| Instructions: Using your Session Evaluation satisfactorily during the session. Check the and check the Not Met column to show the not applicable. Use the Comments area | the <i>Part Met</i> column to nat you did not try to c | o show that yo | ou tried to c | over a topic b | out need impr | ovement |
| 1. Orient To Session and Provide Test | | | Met | Part Met | Not Met | N/A |
| 1. Introduce yourself to client (if first mee | ting with client). | | | | | |
| 2. Re-explain confidentiality. | | | | | | |
| 3. Verify that the result belongs to the clie | | | | | | |
| 4. Assess client's readiness to receive th | e resuit. | | | | | |
| 5. Provide result clearly and simply.6. Allow the client time to absorb the mea | ning of the result | | | | | |
| 7. Explore client's understanding of the re | | | | | | |
| 8. Assess how the client is coping with the | | | | | | |
| Address immediate concerns and fear | | | | | | |
| 10. Acknowledge the challenges of dealing with a positive result. | | | | | | |
| 11. If applicable, provide or ask about oth | | | | | | |
| additional concerns. | | | | | | |
| Did you provide the result according to st Yes Tried to, but need improv Comments: | | ry | | | | |
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| 2. Identify Sources of Support and Provide Referrals | Met | Part Met | Not Met | N/A |
| 1. Assess who client would like to tell about his/her positive test result. | | | | |
| 2. Discuss wellness strategies or "living positively." (If the client is not | | | | |
| prepared for this discussion, offer him/her printed material to reference at | | | | |
| a later time.) | | | | |
| 3. Identify a family member or friend to help support the client. | | | | |
| 4. Address the need for health care providers to know client's test result. | | | | |
| 5. Identify current health care resources. | | | | |
| 6. Explore client's access to medical services. | | | | |
| 7. If applicable, identify needed medical referrals. | | | | |
| 8. Assess client's receptiveness to referral, including Early Intervention. | | | | |
| 9. If applicable, help client access referral services. | | | | |
| Comments: | | | | |
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| 3. Address Risk-Reduction Issues | | Met | Part Met | Not Met |
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| 4. Negotiate Disclosure and Partner Referral | Met | Part Met | Not Met | N/A |
|--|------------|----------|----------|---------|
| 1. Transition to discussion of Partner Notification. | | | | |
| 2. Resolve problems preventing client cooperation in partner elicitation. | | | | |
| 3. Elicit number of sex and/or needle sharing partners (# men and # | | | | |
| women). | | | | |
| 4. Elicit number of marriage partners. | | | | |
| 5. Elicit names of partners. | | | | |
| 6. Elicit locating and identifying information. | | | | |
| 7. Negotiate options for notification, encouraging health department | | | | |
| referral. | | | | |
| 8. If applicable, coach client on all partners s/he wants to tell. When client | | | | |
| cannot demonstrate notification skills or expresses concern about | | | | |
| partner's reaction, encourage health department referral. | | | | |
| 9. <i>If applicable</i> , negotiate follow up to assure self-referred partners | | | | |
| receive timely information. | | | | |
| 10. Provide the client with support. | | | | _ |
| Comments: | | | | |
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| 5. Summarize and Close the Session | | Met | Part Met | Not Met |
| | | Met | Part Met | Not Met |
| 5. Summarize and Close the Session1. Validate client feelings.2. Summarize key issues addressed. | | Met | Part Met | Not Met |
| Validate client feelings. | | Met | Part Met | Not Met |
| Validate client feelings. Summarize key issues addressed. Review client and RRS contact information. | | Met | Part Met | Not Met |
| Validate client feelings. Summarize key issues addressed. | | Met | Part Met | Not Met |
| Validate client feelings. Summarize key issues addressed. Review client and RRS contact information. Get the client's immediate plans. Close the session. | | Met | Part Met | Not Met |
| Validate client feelings. Summarize key issues addressed. Review client and RRS contact information. Get the client's immediate plans. Close the session. Did you provide appointment reminders? | Applicable | | Part Met | Not Met |
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Instructions: For the following section, mark those elements and components you used well in the first column, the skills you used adequately in the second column, the skills you need improvement on in the third column, and those that did not apply in the last column.

| 6. Use of Counseling Elements and Components | Met | Part Met | Not Met | N/A |
|---|--------------|----------|---------|-----|
| 1. Kept client's emotional status in mind. | | | | |
| 2. Maintained focus on RR. | | | | |
| 3. Redirected client when necessary. | | | | |
| 4. Used open-ended questions. | | | | |
| 5. Used active listening techniques. | | | | |
| 6. Gave information simply. | | | | |
| 7. Was nonjudgmental. | | | | |
| 8. Offered options, not directives. | | | | |
| 9. Provided opportunities for client to build skills. | | | | |
| 10. Supported client. | | | | |
| 11. Summarized and closed the session. | | | | |
| Comments: | | | | |
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| 1 M/hat things interfered with an appropriate the DD assets (see 1975) | | | | |
| 1. What things interfered with or supported the RR session (e.g. setting, int | erruptions)? | | | |
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2. What did you do that enhanced the quality and outcome of the session?

3. What could be improved about your work in this session?

| 4. Describe your use of the protocol. |
|---|
| 5. Did you follow the goals in the correct order? Yes No If not, why not? |
| 6. Is there a need for an action plan for further improvement of your work? Yes No If yes, please describe. |
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